

X-FACTOR: THE DOC WHO CAN SAVE YOUR LIFE

SARASOTA

MAGAZINE

DOCTORS AND NURSES CHOOSE

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JUNE 2011 \$4.95 US

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TOP DOCTORS

It's a universal quest: How can you find the best doctor to deliver the best care? That's why we partner with Castle Connolly Medical Ltd., esteemed publisher of the annual "Top Doctors" registry, whose mission, plain and simple, is to help consumers find the best healthcare.

Each year, Castle Connolly's physician-led team of researchers uses nominations from myriad leading medical professionals to select the region's Top Doctors. In the following pages, you will meet many of these Top Doctors in Sarasota and Manatee counties, and learn about their education, training and special expertise.

CASTLE CONNOLLY
**AMERICA'S
 TOP DOCTORS**

Elizabeth F. Callahan, M.D.

An integrated approach to skin care.



Dr. Elizabeth Callahan created SkinSmart Dermatology in 2005; opposite, her welcoming medical practice is now joined by a skincare retail space within her 7,200-square-foot facility.



WHEN DR. ELIZABETH CALLAHAN was a fellow at the Mayo Clinic in Rochester, Minn., she saw firsthand multiple specialists working together under one roof meeting the diverse needs of patients.

"I knew right away that I wanted to offer this broad-based, integrated service in my practice," says Dr. Callahan, who was once again named among America's Top Doctors in 2011. "I was trained in dermatology and had completed a surgical fellowship in dermatologic surgery, so I knew from the start I could provide medical, surgical and cosmetic services for my patients."

Dr. Callahan also knew she wanted to create a friendly, efficient medical office that treated patients with respect and with the highest ethical standards while also providing cutting-edge advancements in skin health.

"My focus centers on skin fitness."

This last goal has required extensive travel to find new, safe, scientifically validated treatments and products worldwide. "I am proud to offer an array of cosmetic options found in the best dermatologic clinics in the United States and Europe," she says.

With her "integrated" vision in mind, Dr. Callahan opened SkinSmart Dermatology in 2005 in Sarasota. Since then, SkinSmart has become one of the fastest-growing multi-specialty practices in the United States, having grown from a staff of four to a staff of 30—with patients throughout Florida's west coast, from Tampa to Naples.

Each member of her team has a unique set of skills and special interests that contribute to patient satisfaction. Dr. Callahan herself also enjoys training other physicians in the latest treatments and serves as an advisory board member to



EDUCATION:

University of Vermont
College of Medicine, M.D.

Cleveland Clinic Foundation,
Dermatology Residency,
Chief Resident

Mayo Clinic, Sermatologic
Surgery and Mohs Surgery
Fellowships

PROCEDURES:

Mohs Skin Cancer Surgery

Fraxel re:pair Laser

Pellevé Skin Tightening

eMatrix Skin Rejuvenation

Liquid Facelift

VNUS Varicose Vein
Treatments



LOCATION

SkinSmart Dermatology

5911 N. Honore Ave., Suite 210

Sarasota, FL 34243

(941) 308-7546

sarasotadermatologist.com



Medicis (Restylane) and conducts training for Allergan (Botox).

"At the end of the day, my focus centers on total skin fitness," Dr. Callahan explains. "It is not always 'medical versus cosmetic.' For example, sun-damaged skin requires surveillance for skin cancers and pre-cancers. It also requires collagen stimulation to repair laxity in the skin. This is not a vanity issue. It is about having the best-looking skin possible."

Dr. Callahan meets with her patients several times a year in order to coordinate all of their treatments. She develops relationships that last years. "I am the dermatologic equivalent of a 'personal trainer' for your skin!" she says.

Her latest project has involved creating a 500 square-foot retail space within her practice to showcase skincare products sourced from all over the world. "I wanted something that was scientific, helpful and fun," she says. "It's great to visit even if you don't have an appointment. It's the

type of store I would want to visit!" Creating the retail space was a natural for Dr. Callahan after growing up in her family's retail business in Vermont.

"I think every patient deserves the honed eye of a board-certified dermatologist to accomplish all their cosmetic goals in one facility—with complete continuity of care," Dr. Callahan concludes.

Dr. Callahan has an M.D. from the University of Vermont. She is a board-certified dermatologist and dermatologic surgeon trained at the Mayo and Cleveland clinics. She is also one of the few fellowship-trained Mohs skin cancer surgeons in Sarasota. In honor of Melanoma Awareness Month, Dr. Callahan was selected to speak on an expert panel for Voice America Network's "Frankly Speaking About Cancer" program, the largest internet radio station in the country.